
LUNCHMENU

PARADEN

KVARTERSKROG & BARSERVERING

APPETIZERS & SNAKS

- MAC N CHEESE** with crab, herbs, croutons and cheddar 110
Torched **MANCHEGO** with sweet grapes and crispy rye bread 95
CROQUETTE on confit duck with orange glaze and grated duck liver 75
Marinated **ARTICHOKES** and olives in a small glas jar 85

HOT & COLD STARTERS

- BURRATA** with pickled tomato in thin slices, crispy garlic, spinata and spicy oil 145
Paradens **STEAK TARTAR** with dijon, egg yolk, onion, cornichons
served with beet/horseradish cream fried parsly and crispy onions 165/235
TOAST PELLE JANZON on beef, red onion, smetana, roasted levain and whitefish roe 185
TOAST SKAGEN with shrimps in creamy mayo on butter fried brioch topped with dill, roe and silver onion 175

SPECIALS ALWAYS 145

- MONDAY POTATO PANCAKE** with cabbage salad, lingonberry, browned butter and crispy bacon
TUESDAY Herb-baked **WESTERN SEA FISH** with brandade, romesco sauce and grilled asparagus
WEDNESDAY Spicy **MINCED LAMB SKEWERS** with sun-dried tomato salsa, warm pearl couscous salad
and fresh garlic yogurt
THURSDAY Lemon-baked **PORCHETTA** is served with pesto-tossed potato, summery vegetables, lemon mayo
and buttered broth
FRIDAY Grilled **CORN CHICKEN BREAST** with truffle stewed pasta, variation on onions, peas and plenty of grana padano

WEEKLY VEGETERIAN

- PASTA ROMESCO** with arugula, roasted almonds, summer vegetables and grana padano 145

MATINÉE LUNCH

- Grilled **ENTRECÔTE** with steak jus, parsly butter, onions and french fries 335
served with a small crispy beer or a good glas of wine

MAIN COURSES

- Grilled **TUNA** with artichoke cream, fried fetacheese, sweet potato, mache salad, radishes, crispy peas and dill 285
Steamed **CHAR** with herbed potato cream buttered radishes, carrots, asparagus and sandefjord sauce 295
VEAL MEATBALLS creamy potato, lingonberries, cucumber and cream sauce 225
Paraden's **FALAFEL** with hummus, pickled chili, crispy salad and khobezbread 195
SPAGHETTI "GUANCIALE" with sunflower seed pesto, peas, onion, peccorino and crispy guanciale 235
SPAGHETTI ASPARAGUS with creamy asparagus sauce, charred white asparagus,
fennel pickled trout roe and crispy tarragon 255
Paraden's **BURGER** with cheddar, aioli, jalapenos, pickles and french fries 195
BLACK PUDDING with roasted apple, bacon, lingonberries and butter 195
Vegan **ASPARAGUS RISOTTO** with variation of asparagus, croutons and rockets 195

OMELETTE

- Omelette with **GOAT CHEESE** and tomato served with green salad 185
Omelette with **SMOKED HAM** and grana padano served with green salad 185
OMELETTE naturel served with green salad 185

SALADS

- FETA CHEESE** salad with raw marinated zucchini, cucumber, baked tomato, creamy olives and herb vinaigrette 235
Crispy **CAESARSALAD** with fried club fillet, grana padano cream, tomato and caesar dressing 235

DESSERTS

- Paraden's **CHOCOLATE TRUFFEL/CHOCOLATE BALL** with coconut or sugar 35
Basque **CHEESECAKE** with boozy cherries and whipped cream 115
CRUMBLE PAI with rhubarb and cardamom with a scoop of vanilla ice cream 110
CRÉME BRÛLÉE 95

