## SERVINGS WITH A SPOON

#### **SMOOTHIE BOWL**

youghurt with taste of blueberries, strawberry topped with kiwi, banana, peanut butter and roast cocount

75

#### CHIAPUDDING

on mango and passion, soy milk, coconut milk topped with almonds and quinoa

75

#### GRFFK YOGHURT

with Paradens' home made granola, nuts, honey and fresh fruit **75** 

#### PARADENS PORRIDGE

with apple jam, cinnamon and luke warm milk
70

### FRESHLY BAKED

	OIC.	THAP	•
( K		ΙΝΔΝ	30

## **GRILLED CROISSANT** 55 with ham, priest cheese and

dijon mustard creme

# WARM SCONES (2 PIECES) 55 with one topping of your choise

# PARADEN

# $\equiv 0$ N A PLATE

#### PARADEN BREAKFAST

oat porridge with apple compote and foamed milk a bite size rye bread with mashed avocado, boiled egg and chiliflakes and a little immun boost

#### **PARADENS TRIO**

half an avocado, two fried eggs and for dessert half an blood grapefruit

#### **AVOCADO & PRIEST CHEESE**

on Paraden's home made seed crisp bread

#### **EGG & CAVIAR SANDWICH**

on Paraden's home made seed crisp bread

#### RYE BREAD SANDWICH

with mashed avocado and boiled egg topped with chili flakes

#### AMERICAN PANCAKES

gluten and lactose free home made pancakes with mapple sirup and blueberries (ADVICE FROM BREAKFAST-IDA! ADD BACON 35)

# **OMELETT** with turkey, tomato & parmesan (also available as a vegetarian option)

# **BANANA BREAD**our vegan home baked banana bread garnished

#### SCRAMBEL EGGS JALLA

with coconut cream and blackcurrantiam

whit cheddar, jalapenos and sourdough bread

#### FRESH FRUIT PLATTER 60

# TEA & COFFEE FROM JOHAN & NYSTRÖM

FILTER COFFEE	34
IS A RICH AND ROUND COFFE WHICH HAS HINTS OF MILD COCA	
AMERICANO	35
CAPPUCINO	36
CAFFÉ LATTE	38
TEA	34
ESPRESSO FUNDAMENTAL OFFERS CRISPY SWEETNESS WITH A LOVELY BUT OF NECTARINE AND A CREAMY NOUGAT-LIKE FELLING	
SINGLE	34
DOUBLE	36
MACCHIATO SINGLE	34
TEA  ESPRESSO FUNDAMENTAL  OFFERS CRISPY SWEETNESS WITH A LOVELY BUT OF NECTARINE AND A CREAMY NOUGAT-LIKE FELLING  SINGLE  DOUBLE	34 36

80

80

75

70

80

65

65

75

DOUBLE

# JUICE, BOOST & SMOOTHIE

IMMUN BOOST Ginger, Honey & Lemon	25
ORANGE JUICE RECUED	45
SMOOTHIE	45
ABC-VITAMIN JUICE	



#### TOPPINGS

NUTELLA	18
ORANGE MARMALADE	18
BLACKCURRANT JAM	18
CREAM CHEESE	18
PARADENS APPLE JAM	18
COCONUT CREAM	18

#### CHOICE OF ONE OR MORE SIDES

HALF A BLOOD GRAPEFRUIT	20	ONE BOILED EGG	15
AVOCADO HALF OR WHOLE	25/45	ONE FRIED EGG	15
ONE FREE CHOICE OF BREAD	15	BACON	35
(SOURDOUGH, RYE OR CRISP BREAD)	.5	A SLICE OF CHEESE	15

A SLICE OF TURKEY OR HAM

15