

## BREAKFAST

### SERVINGS WITH A SPOON

#### SUNSET SMOOTHIE BOWL

mango, raspberrie and banana smoothie, garnished with blueberry, raspberries, banana, roasted quinoa and almond flakes  
70

#### SUPER BERRY CHIA BOWL

chia pudding flavoured with blueberry and acai made out of soy milk, garnished with pomegranate, coconut cream and roasted pecans  
70

#### GREEK YOGHURT

with Paradens' home made granola, nuts, honey and fresh fruit  
70

#### PARADENS PORRIDGE

with apple jam, cinnamon and luke warm milk  
70

### FRESHLY BAKED

**CROISSANT** 30

**HAKJ BITE** 40  
grilled mini croissant filled with banana and nutella

**GRILLED CROISSANT** 55  
with ham, priest cheese and dijon mustard creme

**WARM SCONES (2 PIECES)** 55  
with one topping of your choice

### TOPPINGS

**NUTELLA** 15  
**ORANGE MARMALADE** 15  
**RASPBERRY & CHERRY JAM** 15  
**CREAM CHEESE** 15  
**PARADENS APPLE JAM** 15  
**COCONUT CREAM** 15

# PARADEN

KVARTERSKROG & BARSERVERING

## ON A PLATE

#### PARADEN BREAKFAST 80

oat porridge with apple compote and foamed milk, a bite size rye bread with mashed avocado, boiled egg and chiliflakes and a little immun boost

#### NINJA BREAKFAST 70

half an avocado, two fried eggs and for dessert half an blood grapefruit

#### AVOCADO & PRIEST CHEESE 80

on Paraden's home made seed crisp bread

#### EGG & CAVIAR SANDWICH 75

on Paraden's home made seed crisp bread

#### RYE BREAD SANDWICH 70

with mashed avocado and boiled egg topped with chili flakes

#### AMERICAN PANCAKES 75

gluten and lactose free home made pancakes with mapple sirup and one topping of your choise (ADVICE FROM BREAKFAST-IDA! ADD BACON 35)

**OMELETT** with turkey, tomato & parmesan (also available as a vegetarian option) 75

#### BANANA BREAD 65

our vegan home baked banana bread and garnished with raspberry & cherry jam and whipped cocout cream

#### FRESH FRUIT PLATTER 60

Fruits of the season

#### SCRAMBLED EGGS NATURAL 40

### TEA & COFFEE FROM JOHAN & NYSTRÖM

**FILTER COFFEE** 34

IS A RICH AND ROUND COFFE WHICH HAS HINTS OF MILD COCA

**AMERICANO** 35

**CAPPUCINO** 36

**CAFFÉ LATTE** 38

**TEA** 34

#### ESPRESSO FUNDAMENTAL

OFFERS CRISPY SWEETNESS WITH A LOVELY BUT OF NECTARINE AND A CREAMY NOUGAT-LIKE FELLING

**SINGLE** 34

**DOUBLE** 36

#### MACCHIATO

**SINGLE** 34

**DOUBLE** 36

### JUICE, BOOST & SMOOTHIE

**GREEN GODDESS** 40

SMOOTHIE MADE OUT OF AVOCADO & FRESH FRUIT

**IMMUN BOOST** 25

GINGER, HONEY & LEMON

**FRESHLY SQUEEZED ORANGE JUICE** 45

**ABC-VITAMIN JUICE** 45

(CARROT, GINGER, APPLE)

### MARCH ATTACK

#### STEEL CUT OATS

with cardamom, topped with cherry jam, granola, quinoa, almond, peanut butter and apple

85

### CHOICE OF ONE OR MORE SIDES

**HALF A BLOOD GRAPEFRUIT** 20 **ONE BOILED EGG** 15

**AVOCADO** 25/45 **ONE FRIED EGG** 15  
HALF OR WHOLE

**ONE FREE CHOICE OF BREAD** 15 **BACON** 35  
(SOURDOUGH, RYE OR CRISP BREAD) **A SLICE OF CHEESE** 15

**A SLICE OF TURKEY OR HAM** 15