

## BREAKFAST

### SERVINGS WITH A SPOON

#### BANANAS FOR CHOCO

Overnight oats\* flavoured with cacao and garnished with peanut butter, sliced banana coconut flakes

65

#### RASPBERRY KISSES

cardamom flavoured chia pudding made out of soy milk with raspberry mash and garnished with crushed nuts and honey roasted quinoa

65

#### GREEK YOGHURT

with Paradens muesli, nuts and honey

65

#### TEFF PORRIDGE\*\*

gluten free porridge with crushed raspberries, peanut butter and walnuts

60

#### CLASSIC PORRIDGE

with apple compote and luke warm milk

60

\*\* Steel cut oats is chopped oat grains that gives a more chewier feeling of the porridge

\*\*grains from cereal grass that are gluten free

### SIDES

HALF A BLOOD GRAPEFRUIT 20

AVOCADO 25/45  
HALF OR WHOLE

BACON 35

# PARADEN

KVARTERSKROG & BARSERVERING

## ON A PLATE

#### GOOD MORNING BREAKFAST 75

scramble eggs, turkey ham, baked tomato and grilled sourdough bread

#### NINJA BREAKFAST 65

half an avocado, two fried eggs and for dessert half an blood grapefruit

#### AVOCADO & PRIEST CHEESE 80

on Paraden's home made seed crisp bread

#### EGG & CAVIAR SANDWICH 75

on Paraden's home made seed crisp bread

#### HUMMUS DELUXE 60

on sourdough bread with sliced tomato, arugula and roasted spicy chickpeas

#### RYE BREAD SANDWICH 65

with mashed avocado, poached egg and chili flakes

#### GRILLED CROISSANT 55

with ham, priest cheese and dijon mustard creme

#### AMERICAN PANCAKES 65

garnished with sliced banana, pecans and yoghurt

#### SCRAMBLED EGGS JALLA 60

on sourdough with cheddar & jalapenos

### JUICE & SMOOTHIE

MORNING BOOST - VITAMIN SHOT 25

FRESHLY SQUEEZED ORANGE JUICE 45

RAW JUICE FROM THE CENTRIFUGE 55

### COFFEE FROM JOHAN & NYSTRÖM & TEA

FILTER COFFEE 34  
IS A RICH AND ROUND COFFEE WHICH HAS HINTS OF MILD COCOA

AMERICANO 36

CAPPUCCINO 38

CAFFÈ LATTE 38

TEA 34

ESPRESSO FUNDAMENTAL  
OFFERS CRISPY SWEETNESS WITH A LOVELY BITE OF NECTARINE AND A CREAMY, NOUGAT-LIKE FEELING

SINGLE 34  
DOUBLE 36

MACCHIATO 34

SINGLE 34  
DOUBLE 36

### FRESHLY BAKED

CROISSANT 30

WARM SCONES 55  
WITH ONE TOPPING OF YOUR CHOICE

### TOPPINGS

NUTELLA 10

FIG MARMALADE 10

ORANGE MARMALADE 10

RASPBERRY & CHERRY JAM 10

CREAM CHEESE 10

PARADENS APPLE COMPOTE 10

### FOR THE SWEET TOOTH

C-VITAMIN 55  
FRESHLY CUT C-VITAMIN BOOST FRUIT OF THE SEASON

JACKIES BANANA BREAD 55  
VEGAN HOME BAKED BANANBREAD GARNISHED WITH CHUNKY PEANUT BUTTER AND RAW LINGON BERRIES

### EGG DISHES FROM HAPPY HENS

AN EGG 15  
BOILED OR FRIED

SCRAMBLED EGGS 40

SCRAMBLED EGGS WITH BACON 50

OMELETTE WITH HAM PARMESAN AND TOMATO 75  
(ALSO AVAILABLE AS A VEGETARIAN OPTION)

