

BREAKFAST

SERVINGS WITH A SPOON

CHIA ENERGIZE BOWL

Chia bowl made out of Chia pudding mixed with soymilk and layered with ginger and raspberry mix and finished with almond crumble
65

BERRY EXPLOSION YOGHURT

Grek yoghurt mixed with forest berries and garnished with banana and honey roasted quinoa
65

GREEK YOGHURT

with Paradens musli, nuts and honey
65

FARMES PORRIDGE

served with lingonberries, yoghurt and a pear & cardamom jam
60

OVERNIGHT OATS

made out of steel cut oats with blueberries and coconut flakes
65

CLASSICAL PORRIDGE

with apple compote and luke warm milk
60

SIDES

HALF A BLOOD GRAPEFRUIT	20
AVOCADO HALF OR WHOLE	25/45
BACON	35

PARADEN

KVARTERSKROG & BARSERVERING

ON A PLATE

GOOD MORNING BREAKFAST 75
scramble eggs, turkeyham, baked tomato and grilled sourdough bread

NINJA BREAKFAST 65
half an avokado, two fried eggs and for dessert half an blood grapefruit

AVOCADO & PRIEST CHEESE 80
on Paraden's home made seed crisp bread

EGG & CAVIAR SANDWICH 75
on Paraden's home made seed crisp bread

FILLED CROISSANT 65
with scrambled eggs, avocado and chili flakes

RYE BREAD SANDWICH 65
with mashed avocado poached egg and chili flakes

GRILLED CROISSANT 55
with ham, priest cheese and dijon mustard creme

IDAS BANANA PANCAKE 85
home made topped with peanut butter and forest berries

SCRAMBLED EGGS JALLA 60
on a sour dough bread with cheddar & jalapenos

JUICE & SMOOTHIE

MORNING BOOST - VITAMIN SHOT	25
FRESHLY SQUEEZED ORANGE JUICE	45
RAW JUICE FROM THE CENTRIFUGE	55

COFFEE & TEA

FILTER COFFEE	34	ESPRESSO	34
AMERICANO	36	SINGLE	36
CAPPUCCINO	38	DOUBLE	36
CAFFÈ LATTE	38	MACCHIATO	34
TEA	34	SINGLE	36
		DOUBLE	36

FRESHLY BAKED

CROISSANT 30

WARM SCONES 55
WITH ONE TOPPING OF YOUR CHOICE

TOPPINGS

NUTELLA	10
FIG MARMALADE	10
ORANGE MARMALADE	10
RASPBERRY & CHERRY JAM	10
CREAM CHEESE	10
PARADENS APPLE COMPOTE	10

FOR THE SWEET TOOTH

FRUIT BOOST 55
FRESHLY CUT FRUIT OF THE SEASON

SINFUL CROISSANT 45
GRILLED CROISSANT FILLED WITH BANANA, NUTELLA AND TOPPED WITH SEA SALT

EGG DISHES FROM HAPPY HENS

AN EGG BOILED OR FRIED	15
SCRAMBLED EGGS	40
SCRAMBLED EGGS WITH BACON	50
OMELETTE WITH MOZZARELLA TOMATO AND BASIL	65
OMELETTE WITH HAM PARMESAN AND TOMATO	75

