

BREAKFAST

SERVINGS WITH A SPOON

TROPICAL FUSION BOWL

smoothie made out of yoghurt mixed with mango banan and pineapple topped with coconut flakes and mango salsa
65

VERY BERRY BOWL

made of lactose-free quark mixed with forest berries and topped with banana, honey roasted quinoa and almonds
65

CHRISTMAS PORRIDGE

creamy rice pudding with luke warm milk and a sprinkle of cinnamon and suger
55

GREEK YOGHURT

with Paradens musli, nuts and honey
65

BLUEBERRY DREAMS

blueberry porridge with like warm milk, coconut flakes and raw blueberries
60

CLASSICAL PORRIDGE

with apple compote and steamed milk
60

SIDES

HALF A BLOOD GRAPEFRUIT	20
AVOCADO HALF OR WHOLE	25/45
BACON	35

PARADEN

KVARTERSKROG & BARSERVERING

ON A PLATE

AVOCADO & PRIEST CHEESE 80
on Paraden's home made seed crisp bread

GOOD MORNING BREAKFAST 75
scramble eggs, turkeyham, baked tomato and grilled sourdough bread

EGG & CAVIAR SANDWICH 65
on crisp bread

FILLED CROISSANT 65
with scrambled eggs, avocado and chili flakes

RYE BREAD SANDWICH 65
with mashed avocado poached egg and chili flakes

GRILLED CROISSANT 55
with ham, priest cheese and dijon mustard creme

IDAS BANANA PANCAKE 85
home made flavoured with cinnamon and topped with peanut butter and sliced banan

NINJA BREAKFAST 65
half an avokado, two fried eggs and for dessert half an blood grapefruit

CHRISTMAS HAM SANDWICH 60
on rye bread with paradens christmas ham creme cheese and mustard

SCRAMBLED EGGS JALLA 60
on a sour dough bread with cheddar & jalapenos

JUICE & SMOOTHIE

MORNING BOOST - VITAMIN SHOT 25
FRESHLY SQUEEZED ORANGE JUICE 45
RAW JUICE FROM THE CENTRIFUGE 55

COFFEE & TEA

FILTER COFFEE	34	ESPRESSO	34
AMERICANO	36	SINGLE	36
CAPPUCCINO	38	DOUBLE	36
CAFFÈ LATTE	38	MACCHIATO	34
TEA	34	SINGLE	36
		DOUBLE	36

FRESHLY BAKED

CROISSANT 30

WARM SCONES 55
WITH ONE TOPPING OF YOUR CHOICE

TOPPINGS

NUTELLA 10

FIG MARMALADE 10

ORANGE & LEMON CURD MARMALADE 10

RASPBERRY & CHERRY JAM 10

CREAM CHEESE 10

PARADENS APPLE COMPOTE 10

FOR THE SWEET TOOTH

VITAMIN BOOST 55
FRESHLY CUT FRUIT

SINFUL CROISSANT 45
GRILLED CROISSANT FILLED WITH BANANA, NUTELLA AND TOPPED WITH SEA SALT

EGG DISHES FROM HAPPY HENS

AN EGG 15
BOILED OR FRIED

SCRAMBLED EGGS 40

SCRAMBLED EGGS WITH BACON 50

OMELETTE WITH MOZZARELLA BASIL AND TOMATO 65

OMELETTE WITH HAM PARMESAN AND TOMATO 75

