

BREAKFAST

SERVINGS WITH A SPOON

VELVET PEAR & GINGER BOWL

made of lactose-free quark mixed with pear, chia seeds and ginger puree and topped with almonds

65

BANANA CHOCO BOWL

made of lactose-free quark, banana and cacao and topped with fresh banana, puffed quinoa and roasted hazelnuts

65

SWEET PUMPKIN BOWL

made out of greek yoghurt and butternut pumpkin and topped with orange and pumpkin seeds

65

GREEK YOGHURT

with Paradens musli, nuts and honey

70

BLUEBERRY DREAMS

blueberry porridge with coconut flakes and raw blueberries

60

CLASSICAL PORRIDGE

with apple compote and steamed milk

60

MULTIGRAINE OATS

creamy porridge of oatmeal with blue berries, lingon berries and walnuts

65

SIDES

HALF A BLOOD GRAPEFRUIT	20
AVOCADO HALF OR WHOLE	25/45
BACON	35

PARADEN

KVARTERSKROG & BARSERVERING

ON A PLATE

AVOCADO & PRIEST CHEESE on Paraden's seed crisp bread	80
EGG & CAVIAR on Paraden's seed crisp bread	65
FILLED CROISSANT with scrambled eggs, avocado and chili flakes	65
RYE BREAD SANDWICH with mashed avocado poached egg and chili flakes	65
GRILLED CROISSANT with ham, priest cheese and dijon mustard creme	55
IDAS BANANA PANCAKE home made flavoured with cinnamon and topped with peanut butter and sliced banan	85
NINJA BREAKFAST half an avokado, two fried eggs and for dessert half an blood grapefruit	65
FRUIT BOWL freshly cut fruit	55
SCRAMBLED EGGS JALLA on a sour dough bread with cheddar & jalapenos	60

JUICE & SMOOTHIE

MORNING BOOST - VITAMIN SHOT	25
FRESHLY SQUEEZED ORANGE JUICE	45
RAW JUICE FROM THE CENTRIFUGE	55

COFFEE & TEA

FILTER COFFEE	34	ESPRESSO	34
AMERICANO	36	SINGLE	34
CAPPUCCINO	38	DOUBLE	36
CAFFÈ LATTE	38	MACCHIATO	34
TEA	34	SINGLE	36
		DOUBLE	36

FRESHLY BAKED

CROISSANT	30
WARM SCONES WITH ONE TOPPING OF YOUR CHOICE	55

TOPPINGS

NUTELLA	10
FIG MARMALADE	10
ORANGE & LEMON CURD MARMALADE	10
RASPBERRY & CHERRY JAM	10
CREAM CHEESE	10
PARADENS APPLE COMPOTE	10

FOR THE SWEET TOOTH

CHOCOLATE BALL/ TRUFFLE HOME MADE	35
SINFUL CROISSANT GRILLED CROISSANT FILLED WITH BANANA, NUTELLA AND TOPPED WITH SEA SALT	45

EGG DISHES FROM HAPPY HENS

AN EGG BOILED OR FRIED	15
SCRAMBLED EGGS	40
SCRAMBLED EGGS WITH BACON	50
OMELETTE WITH MOZZARELLA, BASIL AND TOMATO	65
OMELETTE WITH HAM, PARMESAN AND TOMATO	75

