

BREAKFAST

SERVINGS WITH A SPOON

GREEK YOGHURT

with mixed fresh fruits, nuts
and honey
70

RUBY RED BOWL

smoothie on raspberries, lingon
berries and beetroot with dry
roasted seeds, peanut butter
and raspberries
75

SUPER GREEN CHIA PUDDING

made of avocado, spinach
and soymilk with mango, kiwi,
banana and roasted coconut
flakes
85

PORRIDGE

with apple- & sea buckthorn
jam, steamed milk and
cinnamon
70

STEEL CUT OATS

creamy porridge of oatmeal
with raw stired berries and
peanut butter
65

COCO LOCO BOWL

made of coconut cream and
cottage cheese with melon,
mint and dry roasted seeds
80

SIDES

ASSORTED FRUIT FRESHLY CUT	65
AVOCADO HALF OR WHOLE	25/45
BACON	55

PARADEN

KVARTERSKROG & BARSERVERING

ON A PLATE

AVOCADO & PRIEST CHEESE 80
on Paraden's seed crisp bread

EGG & CAVIAR 65
on Paraden's seed crisp bread

RYE BREAD SANDWICH 75
with avocado, rucicola, tomato, mozzarella and
chili flakes

FILLED CROISSANT 65
with scrambled eggs and avocado

EGG ROYAL 145
with cold smoked salmon, spinach, poached eggs
and hollandaise

EGG BENEDICT 135
with smoked ham, spinach, poached eggs
and hollandaise

EGG FLORENTINE 130
with avocado, spinach, poached eggs
and hollandaise

IDAS BANANA PANCAKE 85
home made flavoured with cinnamon and topped
with peanut butter and sliced banan

PARADEN'S WAFFLE 70
with mixed berries and grated white chocolate

JUICE & SMOOTHIE

MORNING BOOST - VITAMIN SHOT 25

FRESHLY SQUEEZED ORANGE JUICE 45

JUICE OF THE WEEK 55

COFFEE & TEA

FILTER COFFEE	34	ESPRESSO	
AMERICANO	36	SINGLE	34
CAPPUCCINO	38	DOUBLE	36
CAFFÈ LATTE	38	MACCHIATO	
TEA	34	SINGLE	34
		DOUBLE	36

FRESHLY BAKED

CROISSANT 30

WARM SCONES 65
WITH ONE TOPPING OF YOUR CHOICE

TOPPINGS

NUTELLA 10

FIG MARMALADE 10

ORANGE & LEMON CURD
MARMALADE 10

RASPBERRY & CHERRY JAM 10

CREAM CHEESE 10

FROM THE SANDWICH GRILL

GRILLED CROISSANT 70
WITH CHÈVRE, WALNUTS
AND HONEY

GRILLED CROISSANT 75
WITH PARMESAN, PROSCIUTTO AND
MUSTARD

EGG DISHES FROM HAPPY HENS

AN EGG 15
BOILED OR FRIED

SCRAMBLED EGGS 75

SCRAMBLED EGGS
WITH TRUFFLE 95

OMELETTE WITH MIXED
MUSHROOMS & SPINACH 75

OMELETTE WITH PROSCIUTTO,
PARMESAN AND TOMATO 75

OMELETTE WITH SKAGEN,
COTTAGE CHEESE AND
HORSERADISH 95

