

## BREAKFAST

### SERVINGS WITH A SPOON

#### GREEK YOGHURT

with mixed fresh fruits, nuts  
and honey  
60

#### RUBY RED BOWL

smoothie on raspberries, lingon  
berries and beetroot topped  
with dry roasted seeds,  
peanut butter and raspberries  
75

#### SUPER GREEN CHIA PUDDING

made of avocado, spinach  
and soymilk and topped with  
mango, kiwi, banana and  
roasted coconut flakes  
85

#### KING KESO BOWL

topped with an orange and  
carrot salad and walnuts  
65

#### PORRIDGE

with apple- & sea buckthorn  
jam, steamed milk and  
cinnamon  
60

#### STEEL CUT OATS

creamy porridge of oatmeal  
with raw stired berries and  
peanut butter  
65

#### CREAMY COCONUT PAREAIT

topped with melon, mint and  
dry roasted seeds  
80

### SIDES

ASSORTED FRUIT FRESHLY CUT	65
AVOCADO HALF OR WHOLE	25/45
BACON	55

# PARADEN

KVARTERSKROG & BARSERVERING

## ON A PLATE

#### AVOCADO & PRIEST CHEESE

on Paraden's seed crisp bread

75

#### EGG & CAVIAR

on Paraden's seed crisp bread

60

#### RYE BREAD SANDWICH

with avocado, rucicola, tomato, mozzarella and  
chili flakes

65

#### FILLED CROISSANT

with scrambled eggs and avocado

55

#### EGG ROYAL

with cold smoked salmon, spinach, poached eggs  
and hollandaise

145

#### EGG BENEDICT

with smoked ham, spinach, poached eggs  
and hollandaise

135

#### EGG FLORENTINE

with avocado, spinach, poached eggs  
and hollandaise

130

#### IDAS BANANA PANCAKE

home made flavoured with cinnamon and topped  
with peanut butter and sliced banan

85

#### PARADEN'S WAFFLES

with mixed berries and grated white chocolate

65

### JUICE & SMOOTHIE

#### MORNING BOOST - VITAMIN SHOT

25

#### FRESHLY SQUEEZED ORANGE JUICE

45

#### JUICE OF THE WEEK

55

#### SMOOTHIE OF THE WEEK

55

### COFFEE & TEA

FILTER COFFEE	34	ESPRESSO	
AMERICANO	36	SINGLE	34
CAPPUCCINO	38	DOUBLE	36
CAFFÈ LATTE	38	MACCHIATO	
TEA	34	SINGLE	34
		DOUBLE	36

### FRESHLY BAKED

#### CROISSANT

30

#### WARM SCONES

65

WITH ONE TOPPING OF YOUR CHOICE

### TOPPINGS

NUTELLA	10
FIG MARMALADE	10
ORANGE & LEMON CURD MARMALADE	10
RASPBERRY & CHERRY JAM	10
CREAM CHEESE	10

### FROM THE SANDWICH GRILL

#### GRILLED CROISSANT

60

WITH CHÈVRE, WALNUTS  
AND HONEY

#### GRILLED CROISSANT

70

WITH SMOKED HAM, GRUYÈRE  
AND DIJON CRÈME

### EGG DISHES FROM HAPPY HENS

AN EGG BOILED OR FRIED	15
SCRAMBLED EGGS	75
SCRAMBLED EGGS WITH TRUFFLE	95
OMELETTE WITH MIXED MUSHROOMS & SPINACH	75
OMELETTE WITH GRUYÈRE, SMOKED HAM AND TOMATOES	60
OMELETTE WITH SKAGEN, COTTAGE CHEESE AND HORSERADISH	85

