

## BREAKFAST

### SERVINGS WITH A SPOON

#### GREEK YOGHURT

with Paraden's müsli, nuts  
and Sri Lanka cinnamon

60

#### LACTOSE FREE LINGON QUARK WITH AÇAI

organic peanut butter,  
roasted seeds and fresh  
raspberries

75

#### CHIA PUDDING

with steamed coconut milk,  
raw stired cherries, hazelnuts  
and coco flakes

85

#### FALL FRUIT BOWL

with cottage cheese, grilled  
nectarine, plum, cherry  
and walnuts

75

#### PORRIDGE

with apple compote, steamed  
milk and Sri Lanka cinnamon

60

#### STEEL CUT OATS

creamy porridge of oatmeal  
with raw stired berries and  
peanut butter

65

#### MATCHA FRUIT BOWL

with fresh cut fruit, matcha  
yoghurt, roasted seeds  
and mint

75

#### LEAN GREEN BOWL

with lactose-free matcha  
quark, spinach, avocado,  
pear and a pear salsa

85

### SIDES

ASSORTED FRUIT FRESHLY CUT	65
AVOCADO HALF OR WHOLE	25/45
BACON	55

# PARADEN

KVARTERSKROG & BARSERVERING

### ON A PLATE

AVOCADO & PRIEST CHEESE on Paraden's seed crisp bread	75
EGG & CAVIAR on Paraden's seed crisp bread	60
SANDWICH WITH HUMMUS crumbled feta cheese and baked tomato	65
BACON BITES with smoked salmon, cream cheese and chives	40 / 75
FILLED CROISSANT with scrambled eggs and avocado	55
EGG ROYAL with cold smoked salmon, spinach, poached eggs and hollandaise	145
EGG BENEDICT with smoked ham, spinach, poached eggs and hollandaise	135
EGG FLORENTINE with avocado, spinach, poached eggs and hollandaise	130
AMERICAN PANCAKES with raw stired blueberries, bacon and maple syrup	85
WAFFLE STICKS with blueberries and cream	55

### JUICE & SMOOTHIE

MORNING BOOST - VITAMIN SHOT	25
FRESHLY SQUEEZED ORANGE JUICE	45
FROM THE RAW JUICE CENTRIFUGE	45
JUICE OF THE WEEK	55
SMOOTHIE OF THE WEEK	55

### COFFEE & TEA

FILTER COFFEE	34	ESPRESSO	34
AMERICANO	36	SINGLE	36
CAPPUCCINO	38	DOUBLE	36
CAFFÈ LATTE	38	MACCHIATO	34
TEA	34	SINGLE	36
		DOUBLE	36

### FRESHLY BAKED

CROISSANT	30
WARM SCONES WITH ONE TOPPING OF YOUR CHOICE	35

### TOPPINGS

NUTELLA	10
FIG MARMALADE	10
ORANGE & LEMON CURD MARMALADE	10
RASPBERRY & CHERRY JAM	10
CREAM CHEESE	10

### FROM THE SANDWICH GRILL

GRILLED CROISSANT WITH CHÈVRE, WALNUTS AND HONEY	60
GRILLED CROISSANT WITH SMOKED HAM, GRUYÈRE AND DIJON CRÈME	70

### EGG DISHES FROM HAPPY HENS

AN EGG BOILED OR FRIED	15
SCRAMBLED EGGS	75
SCRAMBLED EGGS WITH TRUFFLE EGG WHITES OR CLASSIC	95
OMELETTE WITH MIXED MUSHROOMS & SPINACH EGG WHITES OR CLASSIC	75
OMELETTE WITH GRUYÈRE, SMOKED HAM AND TOMATOES EGG WHITES OR CLASSIC	60
OMELETTE WITH "VÄSTKUSTRÖRA" EGG WHITES OR CLASSIC	85

